CONFIDENTIAL PATIENT HISTORY FORM

SAFE, SMART, EFFECTIVE HEALTH CARE

Name _____ **Birthdate** _____
(month / day / year)

Address _____ **Family Doctor** _____

_____ Phone _____

Postal Code _____ **Referring Professional** _____

Phone (home) _____ Phone _____

(cell/pager) _____

(work) _____

Email _____ **Care Card #** _____

Occupation _____ **Extended Medical Insurer** _____

ICBC or **WCB?** ❑ **No** ❑ **Yes** Claim# _____

(if active claim, please inform RMT as you will need to fill out the related Claim Form)

How did you hear about (Registered) Massage Therapy? _____

How did you hear about our clinic? _____

Please indicate if you believe if any of the following apply to you? (P = past C = current) Circle if necessary.

_ Heart Attack
_ High / Low Blood Pressure
_ Stroke or Aneurysm
_ Pace Maker
_ other Heart condition
_ Varicose Veins
_ Bruise easily
_ other Circulatory condition

_ Diabetes
_ Kidney Disease
_ other Urinary condition

_ Headaches / Migraines
_ Dizziness / Fainting
_ Nausea
_ Spinal Injury
_ Head Injury
_ Epilepsy / other seizures
_ other Neurological condition

_ Asthma
_ Chronic Sinusitis
_ other Respiratory condition

_ Irritable Bowel / Colitis
_ Digestive condition
_ Skin condition

_ Joint Dislocation
_ Bone Fracture
_ Arthritis
_ Osteoporosis
_ Rods / Pins / Plates / Shunts
_ Implants _____
_ Transplant _____
_ Corrective Lenses/Contacts

_ Cancer _____
_ Hepatitis
_ HIV
_ other Contagious condition
_____

Please list any Medications you presently take:

_____

_____

Known Allergies (including medications, foods, seasonal, oils and lotions, etc.)

_____

Do you have any family history of medical conditions? ❑ **Yes** ❑ **No**

Please list: _____

Have you ever been hospitalized, had any major accidents, illnesses, or surgeries? ❑ **Yes** ❑ **No**

Please comment: _____

_____

Continued over…

Other therapy / treatment: (past or present, does not have to be related to this visit)

❑ Massage Therapy	Date of last visit	_____	Location	_____
❑ Chiropractor	"	_____	"	_____
❑ Physiotherapy	"	_____	"	_____
❑ Naturopath	"	_____	"	_____
❑ Acupuncture	"	_____	"	_____
❑ Other _____	"	_____	"	_____

List any Activities, Sports, Hobbies
(ie. Jogging, Hockey, Crafts, Computer, etc)

_____

_____

_____

List any **NON-prescription vitamins, minerals or other supplements** you are taking:

_____

_____

_____

Please CIRCLE the answer closest to how you PRESENTLY feel: (1 = poor, 5 = excellent)

Quality of Sleep	1	2	3	4	5
Energy Level	1	2	3	4	5
Eating Habits	1	2	3	4	5
Stress Level	1	2	3	4	5
Exercise Habits	1	2	3	4	5

Hours of sleep per night (approx.) ____

Number of meals you regularly eat per day ____

Number of times you exercise per week ____

Smoker	Yes	No	Occasional
Alcohol	Yes	No	Occasional

Current Condition

Please describe your current condition & symptoms: _____

_____

_____

_____

How long have you had this condition? _____

How did it start? _____

_____

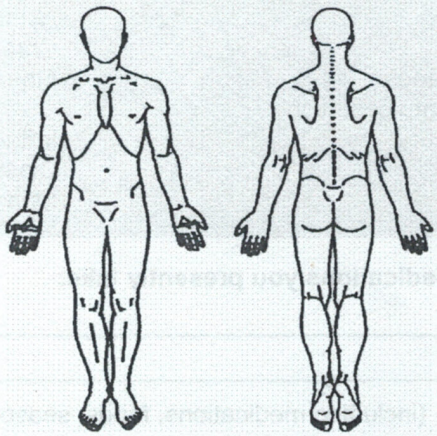
What aggravates it? _____

_____

What relieves it? _____

_____

Please indicate on the diagram the nature of your symptoms, using the symbols indicated:



Aching	O O
Stabbing	X X X
Shooting	→ →
Burning	# # #
Numbness or Tingling	≈ ≈

Please Note: Your appointment time has been reserved for you. In courtesy of your therapist & fellow patients, we ask that you provide us with 24 hours notice of cancellation, or a cancellation fee will be charged. Payment for all treatment, whether private or insured, is ultimately the responsibility of the patient.

I authorize the clinic and its associated RMTs to collect my personal and medical information as documented above in order to contact me, and give permission for the clinic to leave messages regarding appointments at any of the contact numbers I have provided above. In addition, I authorize the clinic and its associated RMTs to communicate with my referring MD as deemed necessary for my beneficial treatment. I also understand that my personal and medical information is confidential and will only be disclosed to third parties with my permission.

Signature: **Date:**

Pottle|Health|Group
Darren Pottle, RMT
250-304-7313
www.pottlehealthgroup.com

Informed Consent to Assessment and Treatment

I consent to the Registered Massage Therapist performing Massage Therapy as defined by the scope of practice for RMT's regulated by the College of Massage Therapy of British Columbia under the Health Professions Act of Canada.
I understand the treatment and procedure, the risks involved and the possibility of complications. I appreciate there can be no guarantee of assurance as to the results and that further treatment may be necessary. I do not expect the Practitioner to be able to anticipate and explain all risks and complications and I wish to rely on the Practitioner to exercise judgement during the course of the procedure which the Practitioner feels at the time, based on the facts known, is in my best interest.
I acknowledge that the therapist is not a physician and does not diagnose illness or disease or any other physical mental disorder. I understand that massage therapy is not a substitute for a medical examination.
I have read the above consent. I have also had the opportunity to ask questions about its content and by signing below, I agree to the above named procedure by the Practitioner. I intend this consent form to cover the entire course of treatment for my present condition and for any future conditions for which I seek treatment.
I give my consent to Darren Pottle, RMT (#007512) authorizing him to send electronic messages (email/text) regarding appointment reminders, booking information and any other pertinent information to my email address/mobile phone indicated on the Patient Form. If I do not want to receive this information I will contact Darren Pottle directly and request that my email address be removed from his records.

Name: _____

Signature: _____

Date: _____

If the patient is under 19 years of age:

I, the parent/guardian of the minor patient, consent to the Practitioner performing on my child the treatment and procedure described in the above consent. I understand the treatment and procedure.

Name: _____

Signature: _____

Date: _____